

LIMITLESS LEADER PROGRAM

What does it take to be a Limitless Leader?

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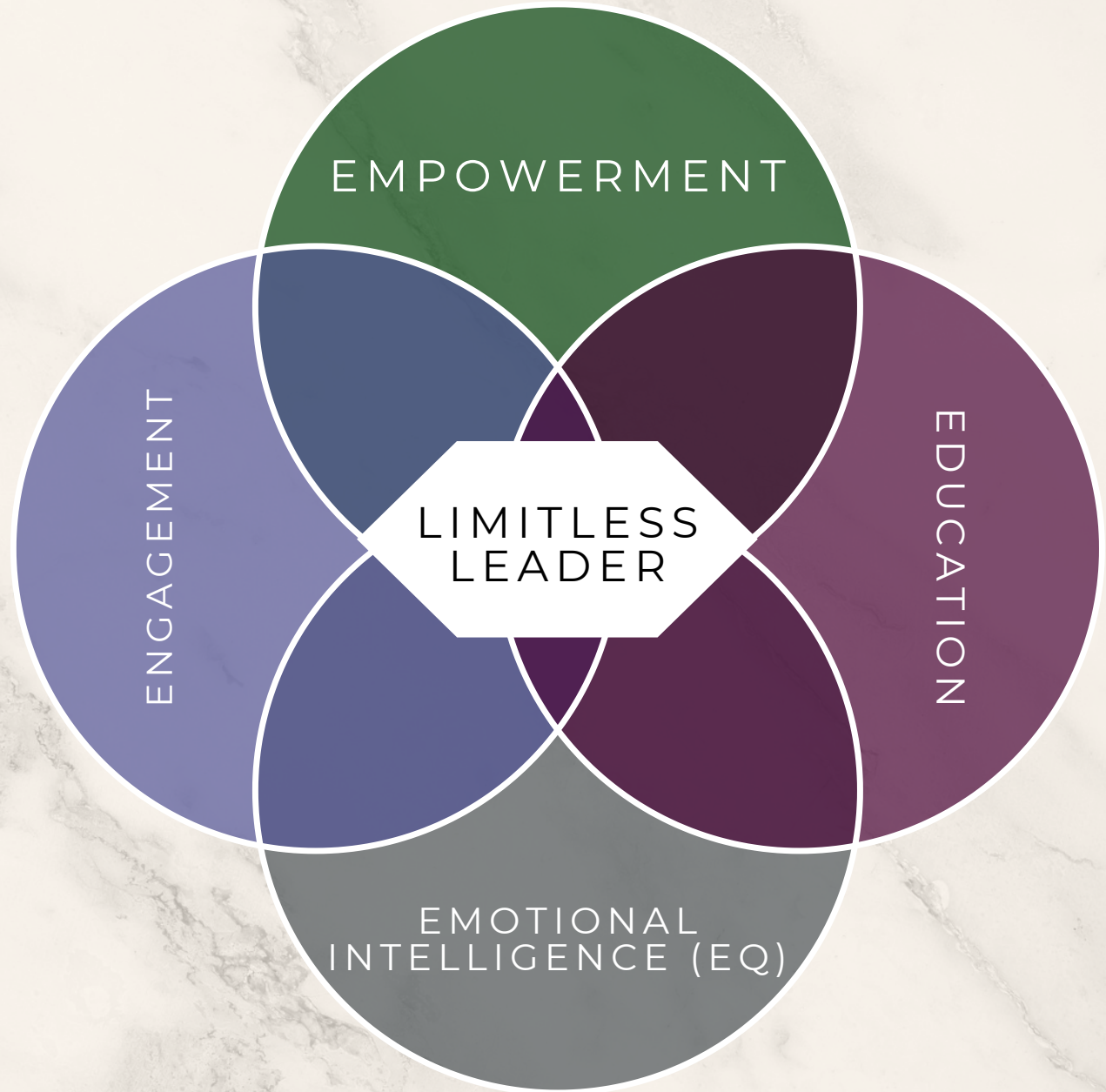
What does it take to be a Limitless Leader?

Empowerment - Self-determination in yourself, people, & communities

Education - Learning processes to gain knowledge & understanding of specific ideas, issues, competencies

Emotional Intelligence (EQ) - Self-awareness, self-regulation, & empathy to navigate interpersonal & intrapersonal relationships

Engagement - Ability to meet people & communities where they are & connect in an authentic way



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EMPOWERMENT

Self-determination in yourself, people, & communities

The 3 Cs of Empowerment for the Limitless Leader

1. Confidence - high self-esteem in various settings & with various groups

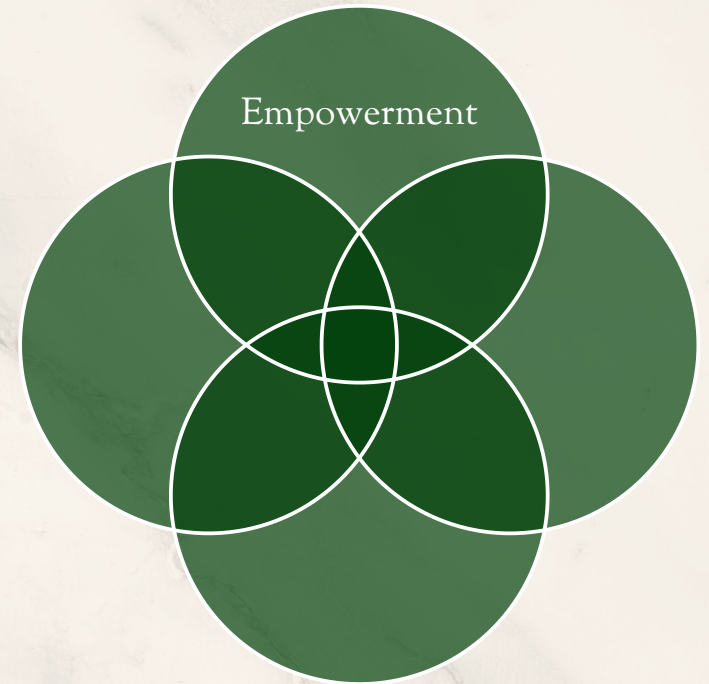
Action step: practice projecting confidence by doing a 2-minute talk on a familiar topic. Record yourself & provide positive & constructive feedback on delivery, posture, & gestures.

2. Creativity - the ability to create innovative solutions for global problems

Action step: intentionally surround yourself with innovative & creative individuals; cultivate a growth mindset daily by engaging in activities that purposefully push you out of your comfort zone; continuously research new leadership strategies for implementation in your daily life

3. Conscious Consumption - developing an awareness of the thoughts, decisions, & things that come into your life (i.e. people, food, social media, ideas, etc.)

Action step: take a deep inventory of your inner circle & note their attitudes, behaviors, & worldviews. The average sum of these characteristics influence your overall consciousness. Make adjustments & restructure as needed to curate a life you love living.



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EDUCATION

Learning processes to gain knowledge & understanding on specific ideas, issues, competencies

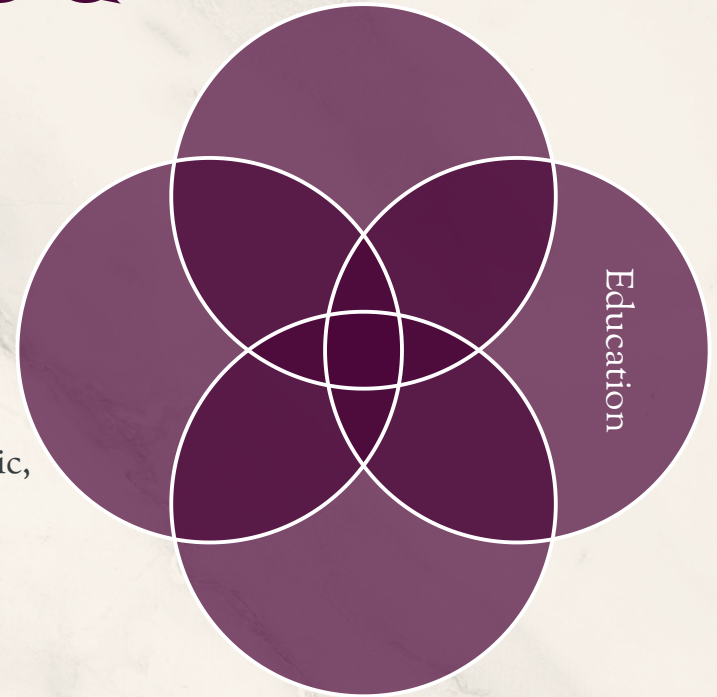
Learning Pathways for a Limitless Leader

Formal Learning - education normally delivered by trained teachers in a systematic, intentional manner (i.e. classroom instruction, web-based training, e-learning, workshops, webinars, etc.)

Experiential Learning - intentional learning outside of the classroom setting (i.e. networking, coaching, mentoring, & self-directed learning)

Action Steps:

1. Set one (1) short-term & one (1) long-term educational goal that will help you reach a new level in your leadership.
2. Choose one (1) form of experiential learning & one (1) form of formal learning that you will commit to consistently over the next 3-4 months. Develop a schedule for intentional engagement in each mode of learning & determine how you will hold yourself accountable.
3. Prioritize your schedule & finances to ensure that you will commit to these new personal learning goals.
4. Determine how you will utilize this experience to boost your overall impact as a leader.



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EMOTIONAL INTELLIGENCE (EQ)

Self-awareness, self-regulation, & empathy to navigate interpersonal & intrapersonal relationships

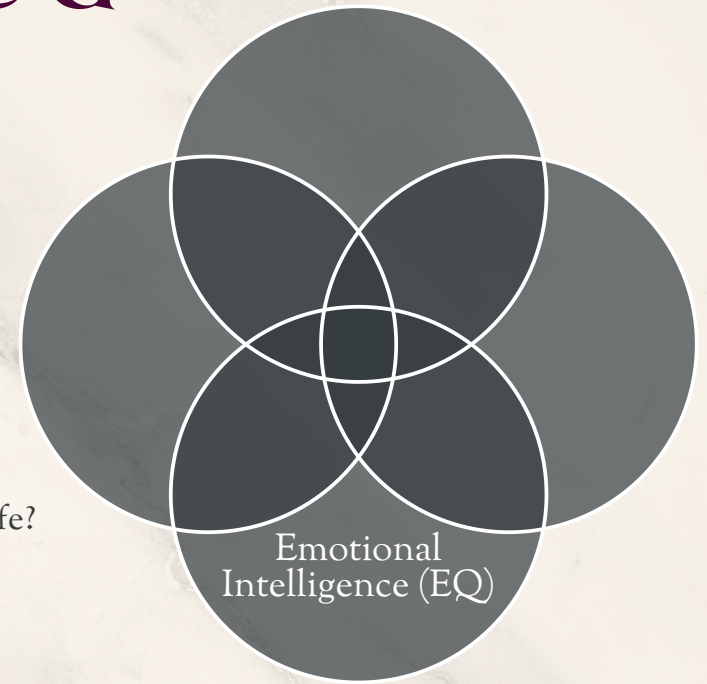
Emotional Intelligence (EQ) Reflection Questions for the Limitless Leader

Self-awareness - What kind of leader do I want to be in my personal & professional life?
What motivates me as a leader to be successful?
How do I stay grounded when I feel overwhelmed?

Self-regulation - How do I identify & manage potential distractions to my success?
What strategies do I employ to ensure that I appropriately manage my emotions?

Empathy - Where & when do you feel most present?
How do I want people to see me as a leader?
What are some of my personal beliefs & biases that currently interfering with my overall growth?

Action Step: Reflect thoughtfully & deeply on each of the EQ questions. Determine which of the three (3) areas you want to commit time, energy, & resources toward and commit to that area for the next 21 days. Track your progress & experiences in a daily leadership journal.



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ENGAGEMENT

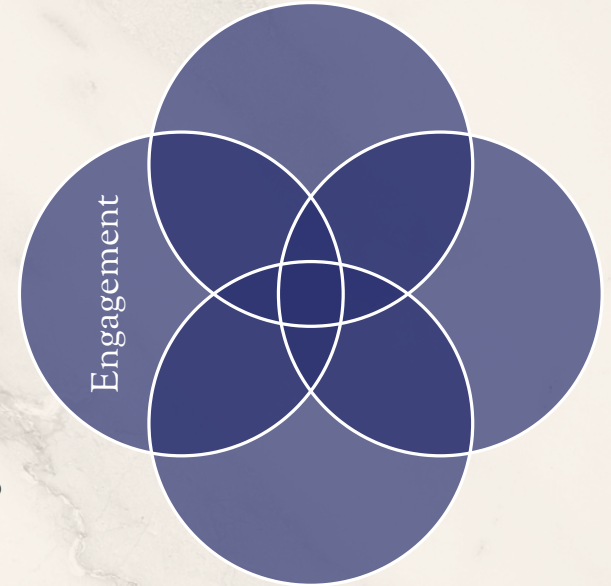
Ability to meet people & communities where they are & connect in an authentic way

Engagement for the Limitless Leader

Mastering engagement for a leader involves a consistent & conscious commitment to mental, emotional, & and physical improvement. Daily & long-term interactions develop positive engagement habits for yourself as a leader & communicate to others your deep commitment to meet them where they are. Reflect on the following engagement questions to determine where you are and how you can begin to increase your knowledge and understanding in this area:

- In what ways am I immersing & exposing myself to new cultures, ways of thinking, & viewpoints on a regular basis?
- How am I helping the people around me to bring their best thinking to the table?
- How am I inspiring ownership of fresh, new ideas & including people in the process of decision-making?

Action step: Ask yourself each of the questions above & reflect deeply on your responses. Identify areas of weakness around leadership engagement & develop a plan to address each area with specific & strategic timelines.



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VISUALIZATION

Next-level leadership is grounded in visualization. In order to physically go to the next level, your mind must first visualize your leadership brand before it becomes a reality.

Draw a detailed picture of yourself as a leader below. Answer the following questions in your visualization:

What books are you reading?

What type of clothes are you wearing?

What specific words are you saying to yourself on a daily basis?

How are you curating your network? Who is being added? Subtracted?

What thought leaders are you listening to?

What topics and ideas are you thinking about?

Where are you going? Where are you traveling?

How are you spending the majority of your time?

What are you hearing others say about you?

